



MOTHER-BABY UNIT

Risk Assessment Form

Perinatal Psychiatry Services

This form should be filled during the intake procedure to the ward and should be repeated within 6 hours of the intake and daily for a week or more if required.

(Use all sources of information and make an independent judgment about the risks).

Mark the Responses as YES/NO. Please mark Y for Yes and N for No

Risk to self	At Intake	Within 6 hours of intake	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Has the mother's oral intake been very poor?								
Has the mother been showing severe neglect in self-care?								
Has the mother expressed any suicidal ideas / suicidal threats in this episode?								
Has the mother attempted suicide or self harm in this episode?								
Has the mother tried to leave the ward or hospital against advice?								
Risk to the Infant								
Has the mother been refusing to care/or has been unable to care for the baby?								
Has the mother been refusing/or has been unable to breast feed?								
Has the mother been expressing any ideas about harming the baby? (I will throw the baby, this baby is a devil, baby is not mine etc)								
Has the mother been physically trying to harm the baby? (e.g hitting, pinching, handling baby roughly)								
Has the mother been excessively clinging to the baby? (resisting separation)								
Has the mother been neglecting the baby? (not responding when baby cries or is at risk for falling or hurting itself)								

Risk to others and other risks

Has the mother been violent towards other relatives or hospital staff?								
Does the mother have any medical illness? (Hypertension, Diabetes, Thyroid disorders, Anemia)								
Has the mother been having any infection? (HIV, Breast abscess, TB, MRSA, vaginal infection)								
Has the mother faced any form of violence from others in this episode? (e.g assault, evidence of injuries)								

INFANT HEALTH

Does the baby have any health problem that requires care within 24 hours? (Diarrhea, Respiratory difficulties, High grade fever)								
Are there any immediate concerns related to infant feeding(does the baby need top feeds?)								

Guidance Note- Explain to the caregiver the purpose of this assessment and need for correct information to help us give the best possible care.

- Risk Assessment should be done in privacy
- The risk assessment should be subsequently done every day for the first one week of inpatient stay and for longer if needed
- The assessments done during the inpatient stay should include the last 24 hours as the time frame.

If any of the above questions are answered as YES please inform the Post-Doctoral fellow in Women’s Mental Health / Unit Senior Resident and Dr. Sundarnag G, or Dr. Harish T or Dr. Geetha Desai or Dr. Prabha Chandra, MBU Consultants. This will help us in taking appropriate remedial and safety measures.